# Artist's Statement: Sophie Carey

The past year in quarantine has been excruciating. Never in eighteen years have I experienced anything like it. I have rarely gone out for over a year and even completed the school year right from my own bedroom. In the bland monotony of quarantine life, I've noticed the effects it has had on my mental health, and how my thought processes have changed. Motivation and passion towards work and even the things that I love dwindling. Developing agoraphobia and computer fatigue. Feeling lost and numb. My work reflects feelings in a more obscure manner, as it is not obvious that mental health issues inspired them. Staying inside for so long often meant relying on my imagination to keep me occupied. I had to come up with my own ways to stay entertained, relax, and find happiness with only what was in my house. I was limited in supplies, so I illustrated with pencil and painted with watercolor. I also collaged pictures and drawings to create new texture. The collection mixes pieces with darker tones with those that may not seem negative at all. Behind each piece is a struggle I've faced in quarantine and the story I forged in my imagination to help me get through it.

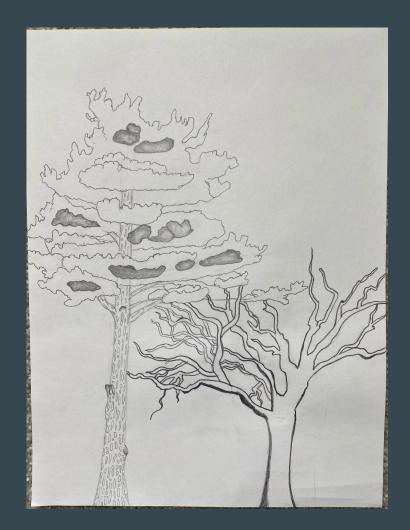


#### Directionless / Watercolor, Collage / 12 in. x 7 in.

#### Wither / Watercolor / 9 in. x 12 in.



## Empty Head / Pencil Illustration / 9 in. x 12 in.



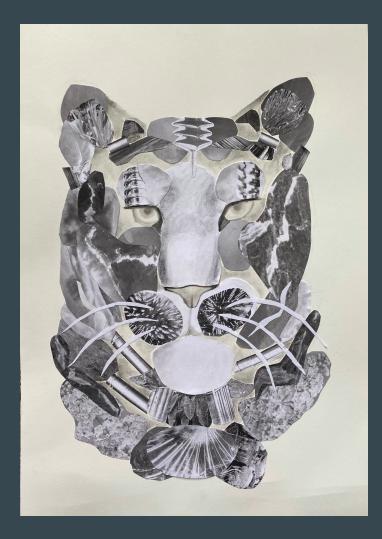


## Looking Back At Me / Watercolor / 12 in. x 9 in.

## Burning Passions / Watercolor / 9 in. x 12 in.



## As One / Collage / 11 in. x 14.5 in.



#### S.O.S. / Watercolor / 9 in. x <u>12 in.</u>

